

## Allergies/Health Conditions/Restrictions – Medication Information

The preschool strives to maintain a healthy and safe environment for all children and we take allergies, food restrictions and health conditions very seriously. Please read the following carefully.

All food/non-food allergies, food restrictions, health conditions will be posted in the classroom for teachers to reference.

### **FOOD ALLERGIES/RESTRICTIONS**

Children will only be served food from their home but we will still monitor food items in snack boxes to the best of our ability to ensure safety of all children. If your child has a food allergy please discuss with them the importance of not sharing food. Children with severe allergies that require EPI-PENS will be closely monitored as well as the snack boxes around them.

If your child's food allergy requires you to bring medication to school – please read the medication information below.

### **HEALTH CONDITIONS & NON-FOOD ALLERGIES**

If your child has a health condition and you would like the teachers to have more information on that condition, please feel free to submit a letter to be added to your child's file that would describe symptoms and actions to be taken.

If your child's health condition or non-food allergy requires you to bring medications to school – please read the medication information below.

### **MEDICATIONS THAT WILL BE LEFT AT SCHOOL**

If you will be leaving medication at the preschool due to an allergy or health condition please adhere to the following.

Parents are responsible to keep track of expiry dates on medication. Please note these dates when you hand in the medication. Please ask for and collect expired medication from the preschool for your disposal. Preferably purchase new medication that will not expire over the school year

1. Please download the attached Medication form and complete. (If you do not have a printer a form can be picked up at Meet the Teacher day).
2. You will need to fill out one form for each medication you bring. For example, if you are sending Benadryl and an EPI-Pen, you will need two forms.
3. When filling out the form please go into detail about when it is to be given and what symptoms to watch for.

4. Please ensure your instructions/dosage MATCH the instructions/prescription on the medication - in an emergency teachers need to know EXACTLY what dosage. If dosage on the bottle does not match your written instructions we cannot accept/administer the medication

5. We require medications to be left at the preschool. It is too confusing to remember to hand back and forth medications daily. If you require an extra prescription for this purpose you may want to contact your physician.

6. Please put your child's medication in a Large Clear Ziplock style bag. The completed medication form may be folded and placed inside as well. Please tape a picture of your child inside the front of the bag facing out. With permanent marker please write your child's name in large letters underneath the picture. In emergencies a picture reference is much easier and safer.

The preschool can only administer emergency medications and those requiring specific time sensitivities. We will not administer medications for common illness.

**PLEASE DO NOT HAND IN EXPIRED MEDICATION!**

If you have any questions or need to discuss your child's allergies in more detail please feel free to contact us via email or phone or ask at Meet the Teacher day.

Thanks!